



ARTB Schools Physical Examination Checklist IAW AR 40-501 chap 2 and 5, DA PAM 40-502 and DoDI 6130.03 v1

PASS YOUR PHYSICAL!

Check your physical exam. Do not assume it was done correctly.
It is your responsibility to make sure all necessary blocks are checked & labs and studies are completed.
ANY DEFICIENCY BELOW WILL PROHIBIT YOUR ENTRANCE INTO SCHOOL ON DAY-ZERO.



Airborne
Schools (Basic
ABN/JM)

			Airborne Schools (Basic ABN/JM)	
	34 or less	35 or older	34 or less	35 or older
REPORT OF MEDICAL HISTORY DD FORM 2807-1 (3 Pages)	X	X	X	X
Name and SSN completed on the top of every page by service member	X	X	X	X
Blocks 1-29 completed by service member	X	X	X	X
Block 30 a, b & c completed by examiner	X	X	X	X
REPORT OF MEDICAL EXAMINATION DD FORM 2808 (3 Pages)	X	X	X	X
Name and SSN completed on the top of every page by service member	X	X	X	X
Block 1 dated within 18 months (Ranger) & and 24 months (ABN/JM) of start date	X	X	X	X
Blocks 2-15 completed by service member	X	X	X	X
Blocks 16-42, 44, 45-58, 72b, 73, 74 a & b, 77, 78, & 81 a & b completed by examiner	X	X	X	X
Blocks 43, 83 a & b completed by dentist (Must be Category 1 or 2)	X	X	X	X
Blocks 59, 61, & 63 completed by optometry (<i>per AR 40-501, Chap 5-3b</i>)	X	X	X	X
Block 71 completed by audiology (attach DD Form 2216E - H2 or H3 Require Waiver)	X	X	X	X
Block 74 a Physical Exam is qualified for "Airborne/Ranger Training/School"	X	X	X	X
Block 76 list any Disqualifying Conditions/Diagnoses requiring waiver & date waiver granted	X	X	X	X
Blocks 81 or 84 a & b MD/DO Signature <i>Note: Exams performed by PA/NP <u>must</u> be co-signed by MD/DO</i>	X	X	X	X

ARTB Schools' physical examination lab requirements

(Documented on DD Form 2808 & all labs drawn within 90 days of physical completion)

Urinalysis for albumin and sugar (block 45 a & b)	X	X	X	X
Urine HCG (females only) (block 46)	X	X		
Hematocrit (HCT) (block 47)	X	X		
Complete Blood Count (CBC) [HGB/HCT (box 47), WBC, platelet count (box 73)]		X		
HIV with results and test date (within 2 years) (block 49)	X	X	X	X
Sickledex (Sickle Cell screen with date[initial only-do not need to repeat]) (block 52)	X	X		
Urine Microscopy (block 73)	X	X		
Basic Metabolic Panel (BMP) or Fasting Blood Sugar (FBS) (block 73)		X		
Electrocardiogram (ECG) (block 73)		X		X
Fasting Lipid Panel (block 73)		X		
Occult Blood (block 73)		40+		

Additional Requirements

Printed copy of ECG report reviewed and signed by a physician		X		X
Printed copy of Hearing Examination (DD Form 2216E) (H2 or H3 Require Waiver)	X	X	X	X
Printed copy of approved waiver signed by ARTB waiver authority (if applicable)	X	X	X	X

1. It is highly recommended you take this checklist to your TMC when you report for your physical examination.
 2. Ensure your provider checks Army Regulation 40-501, CHAPTERS 5-3, 5-4 and 2 for conditions that require a waiver.
 3. If you are deemed **"NOT QUALIFIED"** (DD2808 block 74) for any reason, you must submit a waiver request for each condition/diagnosis listed on DD2808 blocks 76, 77.
- Guidance can be found at: <https://home.army.mil/moore/unitstenants/infantry/ARTB> (Click on school page for waiver instructions)
4. **Bring a complete copy of your DD2807-1 & DD2808 (6 pages) and all applicable documents listed in Additional Requirements.**
 5. **Leave a copy of everything with someone who can e-mail it for you on a weekend.**
 6. **If you have any questions send an email to usarmy.moore.mcoe.mbx.artb-brigade-med@army.mil.**

DO NOT BRING ORIGINALS

DATED 23MAY2023